

NevadaFIT: Freshman Intensive Transition boot camp opens Sunday, Aug. 16

More than 400 incoming freshman participate in program designed to increase college success

RENO, Nev. – NevadaFIT, the University of Nevada, Reno’s premiere academic preparation program for incoming freshmen students, kicks off this week with an opening ceremony and parents’ workshop.

Typically presented to students in the sciences, NevadaFIT, modeled after Louisiana State University’s BIOS program, is the first known boot camp style, intensive introduction to the rigors of academic life to move beyond the sciences, and spans all eight colleges and more than 40 majors across the University.

The primary goal of NevadaFIT is to prepare students for the pace, style and intensity of college courses. The program is open to all registered freshman, regardless of grade-point average.

“The program is truly across the spectrum of student abilities,” Kevin Carman, executive vice president and provost for the University, said. “National Merit Scholars can have as much trouble learning how to be college students. The program is very diverse and is representative of the most diverse freshman class we have ever had coming in.”

WHAT: Move-in day, welcome ceremony and parents’ workshop for NevadaFIT participants

WHO: Media are invited to a meet and greet, interview, video and photo opportunity with Provost Kevin Carman, incoming University freshman, student peer mentors, parents, faculty and staff.

WHEN: Sunday, Aug. 16

7-9 a.m.– Students move into residence halls

9-10 a.m.– NevadaFIT check-in for all students

10:15-10:45 a.m.– Opening Ceremony

11 a.m.-noon– Parents’ Workshop with Provost Carman

WHERE: Student move-in at Peavine Hall, located on Sierra Street at 11th Street

NevadaFIT check-in – Gateway Plaza at the Joe Crowley Student Union

Opening Ceremony – Milt Glic Ballroom, Joe Crowley Student Union

Parents’ Workshop – Grand Ballroom at the Joe Crowley Student Union

MEDIA PARKING: Clearly marked news vehicles or those with media passes may park in the north lot of the



Students and peer mentors from the University of Nevada, Reno’s NevadaFIT freshman intensive transition boot camp enjoy a break from their studies during the five-day program.

Continuing Education Building, 11th and Virginia Streets for Peavine Hall move-in, and in the metered spaces behind the Mathewson-IGT Knowledge Center off Evans Avenue for the check-in and opening ceremony.

ADDITIONAL INFORMATION: NevadaFIT began in 2013 as BioFIT, a program geared toward incoming biology majors with 48 students participating. In 2014, the program was expanded to include 350 students in all eight colleges with varied majors including business, community health sciences, education, nursing, engineering, journalism and liberal arts as well as the physical and life sciences.

This year, the entire program is anchored in mathematics, as research has shown students who are successful in math are more likely to graduate within their chosen majors. Students will attend daily math classes that relate to their field of study to learn what to expect and what it takes to be successful in the classroom.

Funds have been raised to offer scholarships to students who might not otherwise be able to afford attending NevadaFIT. More than half of registered NevadaFIT students' fees are being covered by donations.

Course fees are used to pay student mentors, many of whom are returning past NevadaFIT participants.

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Photo Cutline: Students and peer mentors from the University of Nevada, Reno's NevadaFIT freshman intensive transition boot camp enjoy a break from their studies during the five-day program.

Nevada's land-grant university founded in 1874, the University of Nevada, Reno ranks in the top tier of best national universities by U.S. News and World Report and is steadily growing in enrollment, excellence and reputation. The University serves nearly 21,000 students. Part of the Nevada System of Higher Education, the University is home to the University of Nevada School of Medicine, University of Nevada Cooperative Extension and Wolf Pack Athletics. Through a commitment to world-improving research, student success and outreach benefitting the communities and businesses of Nevada, the University has impact across the state and around the world. For more information, visit www.unr.edu.

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